Section 7.3 Double Angle Identities

Two special cases of the sum of angles identities arise often enough that we choose to state these identities separately.

Identities

The double angle identities

$\sin(2\alpha) = 2\sin(\alpha)\cos(\alpha)$

$$\begin{aligned} \cos(2\alpha) \ &= \ \cos^2(\alpha) - \sin^2(\alpha) \\ &= \ 1 - 2\sin^2(\alpha) \\ &= \ 2\cos^2(\alpha) - 1 \end{aligned}$$

These identities follow from the sum of angles identities.

Proof of the sine double angle identity

$\sin(2\alpha)$

$= \sin(\alpha + \alpha)$ Apply the sum of angles identity

$= \sin(\alpha)\cos(\alpha) + \cos(\alpha)\sin(\alpha)$ Simplify

$= 2\sin(\alpha)\cos(\alpha)$ Establishing the identity

Try it Now

1. Show $\cos(2\alpha) = \cos^2(\alpha) - \sin^2(\alpha)$ by using the sum of angles identity for cosine.

For the cosine double angle identity, there are three forms of the identity stated because the basic form, $\cos(2\alpha) = \cos^2(\alpha) - \sin^2(\alpha)$, can be rewritten using the Pythagorean Identity. Rearranging the Pythagorean Identity results in the equality $\cos^2(\alpha) = 1 - \sin^2(\alpha)$, and by substituting this into the basic double angle identity, we obtain the second form of the double angle identity.

$\cos(2\alpha) = \cos^2(\alpha) - \sin^2(\alpha)$ Substituting using the Pythagorean identity

$\cos(2\alpha) = 1 - \sin^2(\alpha) - \sin^2(\alpha)$ Simplifying

$\cos(2\alpha) = 1 - 2\sin^2(\alpha)$

Example 1

If $\sin(\theta) = \dfrac{3}{5}$ and θ is in the second quadrant, find exact values for $\sin(2\theta)$ and $\cos(2\theta)$.

To evaluate $\cos(2\theta)$, since we know the value for $\sin(\theta)$ we can use the version of the double angle that only involves sine.

$$\cos(2\theta) = 1 - 2\sin^2(\theta) = 1 - 2\left(\frac{3}{5}\right)^2 = 1 - \frac{18}{25} = \frac{7}{25}$$

Since the double angle for sine involves both sine and cosine, we'll need to first find $\cos(\theta)$, which we can do using the Pythagorean Identity.

$$\sin^2(\theta) + \cos^2(\theta) = 1$$

$$\left(\frac{3}{5}\right)^2 + \cos^2(\theta) = 1$$

$$\cos^2(\theta) = 1 - \frac{9}{25}$$

$$\cos(\theta) = \pm\sqrt{\frac{16}{25}} = \pm\frac{4}{5}$$

Since θ is in the second quadrant, we know that $\cos(\theta) < 0$, so

$$\cos(\theta) = -\frac{4}{5}$$

Now we can evaluate the sine double angle

$$\sin(2\theta) = 2\sin(\theta)\cos(\theta) = 2\left(\frac{3}{5}\right)\left(-\frac{4}{5}\right) = -\frac{24}{25}$$

Example 2

Simplify the expressions

a) $2\cos^2(12°) - 1$ b) $8\sin(3x)\cos(3x)$

a) Notice that the expression is in the same form as one version of the double angle identity for cosine: $\cos(2\theta) = 2\cos^2(\theta) - 1$. Using this,

$$2\cos^2(12°) - 1 = \cos(2 \cdot 12°) = \cos(24°)$$

b) This expression looks similar to the result of the double angle identity for sine.

$8\sin(3x)\cos(3x)$ Factoring a 4 out of the original expression

$4 \cdot 2\sin(3x)\cos(3x)$ Applying the double angle identity

$4\sin(6x)$

We can use the double angle identities to simplify expressions and prove identities.

Example 2

Simplify $\dfrac{\cos(2t)}{\cos(t) - \sin(t)}$.

With three choices for how to rewrite the double angle, we need to consider which will be the most useful. To simplify this expression, it would be great if the denominator would cancel with something in the numerator, which would require a factor of $\cos(t) - \sin(t)$ in the numerator, which is most likely to occur if we rewrite the numerator with a mix of sine and cosine.

$\dfrac{\cos(2t)}{\cos(t) - \sin(t)}$ Apply the double angle identity

$= \dfrac{\cos^2(t) - \sin^2(t)}{\cos(t) - \sin(t)}$ Factor the numerator

$= \dfrac{(\cos(t) - \sin(t))(\cos(t) + \sin(t))}{\cos(t) - \sin(t)}$ Cancelling the common factor

$= \cos(t) + \sin(t)$ Resulting in the most simplified form

Example 3

Prove $\sec(2\alpha) = \dfrac{\sec^2(\alpha)}{2 - \sec^2(\alpha)}$.

Since the right side seems a bit more complicated than the left side, we begin there.

$\dfrac{\sec^2(\alpha)}{2 - \sec^2(\alpha)}$ Rewrite the secants in terms of cosine

$= \dfrac{\dfrac{1}{\cos^2(\alpha)}}{2 - \dfrac{1}{\cos^2(\alpha)}}$

At this point, we could rewrite the bottom with common denominators, subtract the terms, invert and multiply, then simplify. Alternatively, we can multiple both the top and bottom by $\cos^2(\alpha)$, the common denominator:

$= \dfrac{\dfrac{1}{\cos^2(\alpha)} \cdot \cos^2(\alpha)}{\left(2 - \dfrac{1}{\cos^2(\alpha)}\right) \cdot \cos^2(\alpha)}$ Distribute on the bottom

$$= \frac{\dfrac{\cos^2(\alpha)}{\cos^2(\alpha)}}{2\cos^2(\alpha) - \dfrac{\cos^2(\alpha)}{\cos^2(\alpha)} \cdot}$$ Simplify

$$= \frac{1}{2\cos^2(\alpha) - 1}$$ Rewrite the denominator as a double angle

$$= \frac{1}{\cos(2\alpha)}$$ Rewrite as a secant

$$= \sec(2\alpha)$$ Establishing the identity

Try it Now

2. Use an identity to find the exact value of $\cos^2(75°) - \sin^2(75°)$.

As with other identities, we can also use the double angle identities for solving equations.

Example 4

Solve $\cos(2t) = \cos(t)$ for all solutions with $0 \le t < 2\pi$.

In general when solving trig equations, it makes things more complicated when we have a mix of sines and cosines and when we have a mix of functions with different periods. In this case, we can use a double angle identity to rewrite the cos(2t). When choosing which form of the double angle identity to use, we notice that we have a cosine on the right side of the equation. We try to limit our equation to one trig function, which we can do by choosing the version of the double angle formula for cosine that only involves cosine.

$\cos(2t) = \cos(t)$ Apply the double angle identity

$2\cos^2(t) - 1 = \cos(t)$ This is quadratic in cosine, so make one side 0

$2\cos^2(t) - \cos(t) - 1 = 0$ Factor

$(2\cos(t) + 1)(\cos(t) - 1) = 0$ Break this apart to solve each part separately

$2\cos(t) + 1 = 0$ or $\cos(t) - 1 = 0$

$\cos(t) = -\dfrac{1}{2}$ or $\cos(t) = 1$

$t = \dfrac{2\pi}{3}$ or $t = \dfrac{4\pi}{3}$ or $t = 0$
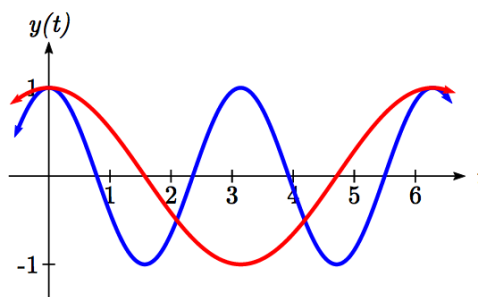
Looking at a graph of cos(2t) and cos(t) shown together, we can verify that these three solutions on [0, 2π) seem reasonable.

Example 5

A cannonball is fired with velocity of 100 meters per second. If it is launched at an angle of θ, the vertical component of the velocity will be $100\sin(\theta)$ and the horizontal component will be $100\cos(\theta)$. Ignoring wind resistance, the height of the cannonball will follow the equation $h(t) = -4.9t^2 + 100\sin(\theta)t$ and horizontal position will follow the equation $x(t) = 100\cos(\theta)t$. If you want to hit a target 900 meters away, at what angle should you aim the cannon?

To hit the target 900 meters away, we want $x(t) = 900$ at the time when the cannonball hits the ground, when $h(t) = 0$. To solve this problem, we will first solve for the time, t, when the cannonball hits the ground. Our answer will depend upon the angle θ.

$$h(t) = 0$$

$-4.9t^2 + 100\sin(\theta)t = 0$ Factor

$t\left(-4.9t + 100\sin(\theta)\right) = 0$ Break this apart to find two solutions

$t = 0$ or $-4.9t + 100\sin(\theta) = 0$ Solve for t

$$-4.9t = -100\sin(\theta)$$

$$t = \frac{100\sin(\theta)}{4.9}$$

This shows that the height is 0 twice, once at $t = 0$ when the cannonball is fired, and again when the cannonball hits the ground after flying through the air. This second value of t gives the time when the ball hits the ground in terms of the angle θ. We want the horizontal distance $x(t)$ to be 900 when the ball hits the ground, in other words when $t = \frac{100\sin(\theta)}{4.9}$.

Since the target is 900 m away we start with

$x(t) = 900$ Use the formula for $x(t)$

$100\cos(\theta)t = 900$ Substitute the desired time, t from above

$100\cos(\theta)\dfrac{100\sin(\theta)}{4.9} = 900$ Simplify

$\dfrac{100^2}{4.9}\cos(\theta)\sin(\theta) = 900$ Isolate the cosine and sine product

$\cos(\theta)\sin(\theta) = \dfrac{900(4.9)}{100^2}$

The left side of this equation almost looks like the result of the double angle identity for sine: $\sin(2\theta) = 2\sin(\theta)\cos(\theta)$.

Multiplying both sides of our equation by 2,

$2\cos(\theta)\sin(\theta) = \dfrac{2(900)(4.9)}{100^2}$ Using the double angle identity on the left

$\sin(2\theta) = \dfrac{2(900)(4.9)}{100^2}$ Use the inverse sine

$2\theta = \sin^{-1}\left(\dfrac{2(900)(4.9)}{100^2}\right) \approx 1.080$ Divide by 2

$\theta = \dfrac{1.080}{2} = 0.540$, or about 30.94 degrees

Power Reduction and Half Angle Identities

Another use of the cosine double angle identities is to use them in reverse to rewrite a squared sine or cosine in terms of the double angle. Starting with one form of the cosine double angle identity:

$\cos(2\alpha) = 2\cos^2(\alpha) - 1$ Isolate the cosine squared term

$\cos(2\alpha) + 1 = 2\cos^2(\alpha)$ Add 1

$\cos^2(\alpha) = \dfrac{\cos(2\alpha) + 1}{2}$ Divide by 2

$\cos^2(\alpha) = \dfrac{\cos(2\alpha) + 1}{2}$ This is called a **power reduction identity**

Try it Now

3. Use another form of the cosine double angle identity to prove the identity

$\sin^2(\alpha) = \dfrac{1 - \cos(2\alpha)}{2}$.

The cosine double angle identities can also be used in reverse for evaluating angles that are half of a common angle. Building from our formula $\cos^2(\alpha) = \dfrac{\cos(2\alpha) + 1}{2}$, if we let $\theta = 2\alpha$, then $\alpha = \dfrac{\theta}{2}$ this identity becomes $\cos^2\left(\dfrac{\theta}{2}\right) = \dfrac{\cos(\theta) + 1}{2}$. Taking the square root, we obtain

$\cos\left(\dfrac{\theta}{2}\right) = \pm\sqrt{\dfrac{\cos(\theta) + 1}{2}}$, where the sign is determined by the quadrant.

This is called a **half-angle identity**.

Try it Now

4. Use your results from the last Try it Now to prove the identity
$$\sin\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1-\cos(\theta)}{2}}.$$

Identities

Half-Angle Identities

$$\cos\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{\cos(\theta)+1}{2}} \qquad\qquad \sin\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1-\cos(\theta)}{2}}$$

Power Reduction Identities

$$\cos^2(\alpha) = \frac{\cos(2\alpha)+1}{2} \qquad\qquad \sin^2(\alpha) = \frac{1-\cos(2\alpha)}{2}$$

Since these identities are easy to derive from the double-angle identities, the power reduction and half-angle identities are not ones you should need to memorize separately.

Example 6

Rewrite $\cos^4(x)$ without any powers.

$$\cos^4(x) = \left(\cos^2(x)\right)^2 \qquad\qquad \text{Using the power reduction formula}$$

$$= \left(\frac{\cos(2x)+1}{2}\right)^2 \qquad\qquad \text{Square the numerator and denominator}$$

$$= \frac{\left(\cos(2x)+1\right)^2}{4} \qquad\qquad \text{Expand the numerator}$$

$$= \frac{\cos^2(2x)+2\cos(2x)+1}{4} \qquad\qquad \text{Split apart the fraction}$$

$$= \frac{\cos^2(2x)}{4} + \frac{2\cos(2x)}{4} + \frac{1}{4} \qquad\qquad \text{Apply the formula above to } \cos^2(2x)$$

$$\cos^2(2x) = \frac{\cos(2\cdot 2x)+1}{2}$$

$$= \frac{\left(\dfrac{\cos(4x)+1}{2}\right)}{4} + \frac{2\cos(2x)}{4} + \frac{1}{4} \qquad\qquad \text{Simplify}$$

$$= \frac{\cos(4x)}{8} + \frac{1}{8} + \frac{1}{2}\cos(2x) + \frac{1}{4} \qquad \text{Combine the constants}$$

$$= \frac{\cos(4x)}{8} + \frac{1}{2}\cos(2x) + \frac{3}{8}$$

Example 7

Find an exact value for $\cos(15°)$.

Since 15 degrees is half of 30 degrees, we can use our result from above:

$$\cos(15°) = \cos\left(\frac{30°}{2}\right) = \pm\sqrt{\frac{\cos(30°)+1}{2}}$$

We can evaluate the cosine. Since 15 degrees is in the first quadrant, we need the positive result.

$$\sqrt{\frac{\cos(30°)+1}{2}} = \sqrt{\frac{\frac{\sqrt{3}}{2}+1}{2}}$$

$$= \sqrt{\frac{\sqrt{3}}{4} + \frac{1}{2}}$$

Important Topics of This Section
Double angle identity
Power reduction identity
Half angle identity
Using identities
Simplify equations
Prove identities
Solve equations

Try it Now Answers

$\cos(2\alpha) = \cos(\alpha + \alpha)$

1. $\cos(\alpha)\cos(\alpha) - \sin(\alpha)\sin(\alpha)$

   $\cos^2(\alpha) - \sin^2(\alpha)$

2. $\cos^2(75°) - \sin^2(75°) = \cos(2 \cdot 75°) = \cos(150°) = \dfrac{-\sqrt{3}}{2}$

   $\dfrac{1 - \cos(2\alpha)}{2}$

   $\dfrac{1 - \left(\cos^2(\alpha) - \sin^2(\alpha)\right)}{2}$

3. $\dfrac{1 - \cos^2(\alpha) + \sin^2(\alpha)}{2}$

   $\dfrac{\sin^2(\alpha) + \sin^2(\alpha)}{2}$

   $\dfrac{2\sin^2(\alpha)}{2} = \sin^2(\alpha)$

   $\sin^2(\alpha) = \dfrac{1 - \cos(2\alpha)}{2}$

   $\sin(\alpha) = \pm\sqrt{\dfrac{1 - \cos(2\alpha)}{2}}$

4. $\alpha = \dfrac{\theta}{2}$

   $\sin\left(\dfrac{\theta}{2}\right) = \pm\sqrt{\dfrac{1 - \cos\left(2\left(\dfrac{\theta}{2}\right)\right)}{2}}$

   $\sin\left(\dfrac{\theta}{2}\right) = \pm\sqrt{\dfrac{1 - \cos(\theta)}{2}}$

Section 7.3 Exercises

1. If $\sin(x) = \dfrac{1}{8}$ and x is in quadrant I, then find exact values for (without solving for x):

    a. $\sin(2x)$ b. $\cos(2x)$ c. $\tan(2x)$

2. If $\cos(x) = \dfrac{2}{3}$ and x is in quadrant I, then find exact values for (without solving for x):

    a. $\sin(2x)$ b. $\cos(2x)$ c. $\tan(2x)$

Simplify each expression.

3. $\cos^2(28°) - \sin^2(28°)$ 4. $2\cos^2(37°) - 1$

5. $1 - 2\sin^2(17°)$ 6. $\cos^2(37°) - \sin^2(37°)$

7. $\cos^2(9x) - \sin^2(9x)$ 8. $\cos^2(6x) - \sin^2(6x)$

9. $4\sin(8x)\cos(8x)$ 10. $6\sin(5x)\cos(5x)$

Solve for all solutions on the interval $[0, 2\pi)$.

11. $6\sin(2t) + 9\sin(t) = 0$ 12. $2\sin(2t) + 3\cos(t) = 0$

13. $9\cos(2\theta) = 9\cos^2(\theta) - 4$ 14. $8\cos(2\alpha) = 8\cos^2(\alpha) - 1$

15. $\sin(2t) = \cos(t)$ 16. $\cos(2t) = \sin(t)$

17. $\cos(6x) - \cos(3x) = 0$ 18. $\sin(4x) - \sin(2x) = 0$

Use a double angle, half angle, or power reduction formula to rewrite without exponents.

19. $\cos^2(5x)$ 20. $\cos^2(6x)$

21. $\sin^4(8x)$ 22. $\sin^4(3x)$

23. $\cos^2 x \sin^4 x$ 24. $\cos^4 x \sin^2 x$

25. If $\csc(x) = 7$ and $90° < x < 180°$, then find exact values for (without solving for x):

    a. $\sin\left(\dfrac{x}{2}\right)$ b. $\cos\left(\dfrac{x}{2}\right)$ c. $\tan\left(\dfrac{x}{2}\right)$

26. If $\sec(x) = 4$ and $270° < x < 360°$, then find exact values for (without solving for x):

    a. $\sin\left(\dfrac{x}{2}\right)$ b. $\cos\left(\dfrac{x}{2}\right)$ c. $\tan\left(\dfrac{x}{2}\right)$

Prove the identity.

27. $\left(\sin t - \cos t\right)^2 = 1 - \sin\left(2t\right)$

28. $\left(\sin^2 x - 1\right)^2 = \cos\left(2x\right) + \sin^4 x$

29. $\sin\left(2x\right) = \dfrac{2\tan\left(x\right)}{1 + \tan^2\left(x\right)}$

30. $\tan\left(2x\right) = \dfrac{2\sin\left(x\right)\cos\left(x\right)}{2\cos^2\left(x\right) - 1}$

31. $\cot\left(x\right) - \tan\left(x\right) = 2\cot\left(2x\right)$

32. $\dfrac{\sin\left(2\theta\right)}{1 + \cos\left(2\theta\right)} = \tan\left(\theta\right)$

33. $\cos\left(2\alpha\right) = \dfrac{1 - \tan^2\left(\alpha\right)}{1 + \tan^2\left(\alpha\right)}$

34. $\dfrac{1 + \cos\left(2t\right)}{\sin\left(2t\right) - \cos\left(t\right)} = \dfrac{2\cos\left(t\right)}{2\sin\left(t\right) - 1}$

35. $\sin\left(3x\right) = 3\sin\left(x\right)\cos^2\left(x\right) - \sin^3\left(x\right)$

36. $\cos\left(3x\right) = \cos^3\left(x\right) - 3\sin^2\left(x\right)\cos\left(x\right)$